Homam - a healing process with the fire to cleanse the negative energies (http://www.ultimatetruthofself.com/higher-consciousness/homam-a-healing-process-with-the-fire-to-cleanse-the-negative-energies)

6/7/2013

1 Comment (http://www.ultimatetruthofself.com/higher-consciousness/homam-a-healing-process-with-the-fire-to-cleanse-the-negative-energies#comments)

Every one has to maintain their body, mind and soul pure, to utilize and enjoy the humanity by being happy with the self contentedness.
In order to empower this, Homam or Havan, an energetic ritual had been performed and taught by the Sages, who were the masters in the Vedas, since 5000 years.

This is performed to heal body and mind, by the removal of the negative energies. It leads to get out of the negative thinking and always be positive. Positive thoughts attract the positive things, positive people and the positive life, as our predominant thoughts always manifests. It also helps to be successful in life.



'Homam' is a spiritual practice of healing with the fire, performed by the Hindus in all important events and spiritual practices.. It means sacrifice or an offering in the Sanskrit literature.

Air, Water, Earth, Space and Fire are the five elements of the nature. To maintain balance on this mother earth, a mystic and an invisible program always runs between these elements. Imbalance in any one of the five, leads to chaos. These 5 elements of the nature exist in our body too.
So fire or agni, one of the essential elements, which represents the absorption and digestion, is taken as deity for this practice.



Subscribe via Email

Enter your email address:

Subscribe

Delivered by FeedBurner (http://feedburner.google.com)

MY PAINTINGS FOR SALE

(http://fine... dern-impasto-l... narreddy.



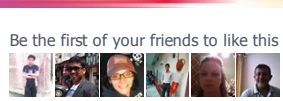
Visit my online shop @ MOUNIKART (http://fineartamerica.com/profiles/mounika-narreddy.html) to purchase my originals paintings or prints

Like on Facebook Page

Ultimate Truth Of S...
864 likes

Like Page Share

Be the first of your friends to like this



Archives

April 2014 (/higher-consciousness/archives/04-2014)
November 2013 (/higher-consciousness/archives/11-2013)
October 2013 (/higher-consciousness/archives/10-2013)
September 2013 (/higher-consciousness/archives/09-2013)
August 2013 (/higher-consciousness/archives/08-2013)
July 2013 (/higher-consciousness/archives/07-2013)



Procedure of the Homam or Havan:

The creation of the world is an eternal cycle of birth and death. One's death opens a door to the birth of another and vice versa, which is nothing but a sacrifice. Something to arise, something else gets sacrificed and its a continuous chain. It is the preview of the creation, according to the Vedas, scriptures of Hinduism.

Homam is also based on the same concept of the universal sacrifice but for the self transformation.

The ritual starts with chanting the appropriate positive vibrational mantras in Sanskrit, the things like grains, fruits, herbs, ghee and twigs are offered into the fire as a sacrifice, which means death. Then the energy which arises with this, helps the consciousness of the participants to tune with the Supreme consciousness.

At the end the participants of the ritual walk all the way around the fire with great respect and devotion. The dust of the ashes is applied as the sindhoor on the forehead.

Experiences of Homam or Havan :

We experience various spiritual inner transformations while offering the things in the fire, as fire is responsible for the internal absorption and digestion.

Sookshma sareera or Subtle body is one of the bodies of us (Casual Body or Karana Sareera, Subtle Body or Sookshma Sareera, Visual Body or Sthoola Sareera). Sookshma sareera or Subtle body extends beyond the Visual Body or Sthoola Sareera by penetrating internally. The root cause of any disease originates from the Sookshma sareera or Subtle body. So healing a disease is complete by treating the Subtle body.

We feel an unexplained inner calmness and bliss. Because the process of cleansing of chakras and nadis happens with a flow of prana vayu or cosmic energy in the subtle body.
It tunes the consciousness of the performers to the Supreme consciousness, as our levels of consciousness get nourished and enlightened in the presence of fire.

People who perform homam daily can experience the inner transformation and clarity after a month. They also experience the peaceful and calm mind even in the worst situations.
After reaching to the certain level of the consciousness, doing meditation at the end of the homam raises the consciousness even more.
It has been said that performing 30 minutes homam and meditating for 10 minutes as a consequence to it at the fire helps to gain the cosmic energy and burn the blockages even more than the cosmic energy gained by doing 2 hours of meditation.

There are different types of homam like Gayatri Homam to sharpen the intellect, Chandi Homam to overcome the negative emotions, Krishna Homam to reach the ultimate in the devotion etc.
But all these types cause the inner transformation, even though they work in a different manner.
Appropriate type is selected according to one's purpose.

Therefore regular practice of homam, by seeing divinity in the fire is one of the purifying processes to reach the ultimate truth gradually, since fire has the nature to purify whatever touches to it. Regularity is the key for any practice to observe significant transformation.

Photo credit: Pramal (http://www.flickr.com/photos/pramal/5089049910/) / Foter.com (http://foter.com) / CC BY (http://creativecommons.org/licenses/by/2.0/)

You may also like





2013)
June 2013 (/higher-consciousness/archives/06-2013)
May 2013 (/higher-consciousness/archives/05-2013)
April 2013 (/higher-consciousness/archives/04-2013)
March 2013 (/higher-consciousness/archives/03-2013)
February 2013 (/higher-consciousness/archives/02-2013)
January 2013 (/higher-consciousness/archives/01-2013)
December 2012 (/higher-consciousness/archives/12-2012)

PODCAST FEED

CLICK HERE to Subscribe to PODCAST FEED of Ultimate Truth Of Self by Email (http://feedburner.google.com/fb/a/mailverify?uri=UltimateTruthOfSelf-HigherConsciousness&loc=en_US)

Follow @KruthikaKanthi

Most Popular Posts



Featured Posts

(http://www. 7/post/2013/ of-friendship

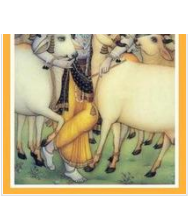


Answers

Blog Feed

RSS Feed (//feed)

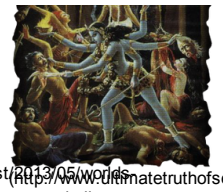
Blogs Monitor
(http://www.blogsmonitor.com/lifestyle/)



(http://www.ultimatetruthofself.com/7/post/2013/05/divine-and-pure-animal-cow.html)
Divine and pure animal COW



(http://www.ultimatetruthofself.com/7/post/2013/05/worlds-first-university-takshashila.html)
World's first university: TAKSHASHILA



(http://www.ultimatetruthofself.com/7/post/2013/03/mother-kali-an-ego-destructor1.html)
Mother Kali - An Ego Destructor

Tweet

1 Comment (http://www.ultimatetruthofself.com/higher-consciousness/homam-a-healing-process-with-the-fire-to-cleanse-the-negative-energies#comments)

K.NAGARAJU 6/7/2013 14:32:54

Homa dravya all are having medicinal values which should heal physical and mental diseases and changes the atmosphere around the area of Homa in to possitive healing vibrations, once our inner Dis-Ease(disease) heals by practice of Homa we feel ease ness in our mind then we can move forward to our ultimate goal, Homa is prepares us for our destination.....

absolutely very usefull article to all.....

Reply

Your comment will be posted after it is approved.

Leave a Reply.

Live Traffic Feed
A visitor from Bulgaria viewed Feast of articles - Ultimate Truth Of Se... 1 min ago
A visitor from Brussels, Brussels Hoofdstedelijk Gewest viewed "Feast of articles - Ultimate Truth Of Self" 18 mins ago
A visitor from India viewed "Feast of articles - Ultimate Truth Of Self" 29 mins ago
Real-time view · Get Feedjit

Copyright © 2013. Ultimate Truth Of Self. All Rights Reserved.